



## Care Instructions for Finger Roll

**Never apply direct &or extreme heat.** This includes:

Sauna/Steam room: wrap towel on your head for protection

Blow dryers: only use cool setting if needed.

Never use flat irons, curling irons or pressing combs.

Velvet coated heated rollers can be used to replace curls lost during regular wear and maintenance.

### **Maintenance:**

At night, put hair in a high loose pony tail then apply a satin sleep cap/ silk scarf.

Keep ends of hair under scarf or satin bonnet. If you are wearing a long style,

put hair in a very loose pony tail then wrap the ends. Refrain from pulling hair tight. Constant pulling causes hair to stretch and lose shape. Oil and/or

condition scalp in between parts while braided. Suggested products are:

*Mizani Rose H2O*

*Motions Light Hair Oil and Scalp Conditioner*

*African Gold Braid Spray* (should also be used once a week as moisturizer for hair extensions)

Note: Excessive product use will result in loss of fullness and body.

Maintain hair by detangling with fingers daily (especially in the neck area) and trim as needed. It is not unusual to lose a few strands of hair during the maintenance process. When brushing start at the ends and work your way to the braided area. Avoid brushing the braid. It can cause tangling and loss of extensions.

### **Shampooing:**

Shampoo in shower using cream based shampoo (opaque not clear). Dilute shampoo with water and smooth lightly through extensions. Avoid scrubbing to prevent tangling. Condition hair, starting at the ends then rinse. Towel dry then air dry. While still damp use Shine Mousse with Shine Serum to help lock in the curls. Shampooing more than every 2 weeks can loosen the braids & reduce the curls in the hair. Do not manipulate the hair while wet or let it dry in a pony tail.

Let the hair hang loose to dry to keep its' shape. For clients with very short and/or fine hair, shampooing with water is not recommended. An alternative is cleansing the scalp with Sea Breeze or Witch Hazel. Always follow up with a moisturizing cream or braid spray to prevent dryness.

**Removal:**

Feel for the end of the braid where it has been sewn with thread and cut below the thread. Your hair is approx ½ to 1 inch above the thread. Cut the Interlock hair down to approx. 2 -3inches. **Be careful not to cut the end of your braid or too close the braid on the scalp.** Begin unbraiding from the end and work your way to the front of your hairline. **Comb hair out using a fine tooth comb after taking down each braid & before shampooing.** Hair will lock & tangle if not combed through before shampooing and requires cutting to removed locks and tangles. Use braid spray or leave in conditioner as a detangler. Suggested brands are:

*African Gold* (for soft to medium hair textures)

*Biolage Smoothing Shine Milk* (for thicker coarser textures or sensitive tender scalp)

Redo style every 4-8weeks. Remove extensions after 8 weeks to prevent locking.

**If you have any additional questions and/or problems regarding the maintenance of your hair, feel free to call (773) 487-8696 during salon hours of operation for assistance.**

**Thank you for your business.**